

Assisted Living at Peabody Retirement Community

In addition to safety and security, James B. Peabody Inn and The South House for assisted living maximize independence by offering residential apartment homes, compassionate support with daily activities, three restaurant-style meals and a full calendar of social opportunities.

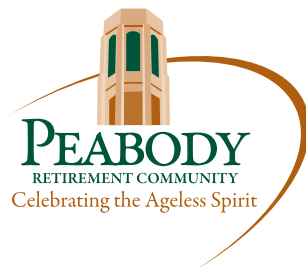
"As a nurse, I looked at what my mother-in-law needed now and in the future. We considered seven or eight assisted living communities. Peabody is the only one that earned our trust."

—Sharie and Jerry Aikins, Adult Children

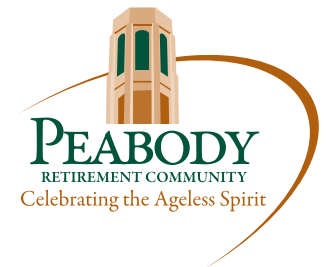
At Peabody, we know finding assisted living options for an aging parent is a big responsibility. That's why we're honored to be here to offer help and a little much-needed peace of mind for everyone.

Can we talk?

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How to Begin the Talk about Assisted Living



How do you get the conversation started?

Bringing up the subject is the hardest part. Mom or Dad may resist discussing assisted living because they're afraid of losing their sense of independence. And you might avoid the talk because you're concerned about how they'll react. However, starting the conversation before a crisis arises removes anxiety and uncertainty, making it easier on everyone.



Follow these simple steps.

STEP 1: Know Their Options

Research assisted living and memory care communities in your area—including costs. Find out if your aging parents have long-term care insurance or if a parent was a wartime Veteran to explore available funding. You need to know what they can afford to have a productive conversation about their wishes and needs.

STEP 2: Start As Soon As You Can

Bring up the topic before an emergency arises and you can discuss the future in a non-threatening way. Sitting at the kitchen table chatting, with no need to make a decision that day, makes the talk much more comfortable.

STEP 3: Acknowledge Their Wishes

If your parents are willing, involve them in community visits. Always present senior housing options with positive language and an upbeat tone, and let them know it's important to you that they make the final decision.

Still need more courage to begin the talk?

Consider enlisting additional help. If you have siblings, they can also plant the seeds and join in group discussions, as needed. You can also get the family doctor involved if the physician is willing to speak with you and your parents without violating privacy concerns. The goal is to keep the discussion going in a loving, non-threatening way.

It's often what aging loved ones need. They just may not know it yet.

That's why we developed this guide—along with *10 Signs it Might be Time for Assisted Living*. If you don't have that companion resource, request your copy. Also, don't hesitate to invite us into the conversation anytime—in private consultation with you or with the entire family.

At Peabody Retirement Community, we're here to help.
Call 260-578-3219 to schedule a visit today.