

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019
~Health Care North~
~2nd Floor~

9:00-11:00am 1
Wake-Up!
Exercise Time
Happy New Year Around the World
10:00 Morning Worship-HH
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Craft Time- Snowman Cup Painting
NO Country Drive
3:00 Coffee Chat
New Year's Day

9:00am-11:00am 2
Wake-Up!
Daily Devotions
Bocce Ball
Funny New Years Resolutions and Jokes
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Color Me Happy
3:15 Memorial Service- Chapel

9:00am-11:00am 3
Wake-Up!
Daily Chronicles
Use Your Noodle Exercise
Who Made Us Laugh?
12:30-1:30 1:1Room Visits
Daily Puzzle
1:30 Manicures and Music
3:00 Prayer Time- HH

9:00am-11:00am 4
Wake-Up!
Daily Devotions
Ball Toss
A First Time For Everything
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Craft Time-Snowflakes
3:00 Coffee Chat and Current Events

10:15-11:15am 5
Daily Devotions
Stretch it Out!
Monthly Gazette
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:45 Manicures and Music
3:45 Coffee Chat
4:15/4:45 Kickball-1st /2nd Floor
6:00/7:00 Library Cart -1st /2nd Floor

10:15-11:15am 6
Daily Chronicles
Ball Toss
Remembering Campbell Soup
12:30-1:00 :1Room Visits
Daily Puzzle
2:30 Worship- Chapel
3:45 Worship-HH
4:15/4:45 Kickball-1st/2nd Floor
6:00/7:00 Movie and Popcorn
1st/2ndFloor

9:00-11:00am 7
Wake-Up!
Daily Devotions
Yard Darts Game
Hobbies Trivia
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00-3:00 Bingo-DR
3:00 Coffee Chat

9:00-11:00am 8
Wake-Up!
Exercise Time
24 Little Known Elvis Facts
10:00 Morning Worship-HH
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Country Drive
3:00 Coffee Chat

9:00am-11:00am 9
Wake-Up!
Daily Devotions
Bocce Ball
Jeopardy Trivia
12:30-1:30 1:1 Room Visits
Daily Puzzle
1:00-4:00 Taking Down of the Christmas Trees

9:00am-11:00am 10
Wake-Up!
Daily Chronicles
Use Your Noodle Exercise
10:15 Catholic Mass-Chapel
12:30-1:30 1:1Room Visits
Daily Puzzle
1:30 Manicures and Music
3:00 Prayer Time- HH

9:00am-11:00am 11
Wake-Up!
Daily Devotions
Ball Toss
Martin Luther King Day
11:00-1:00 Pizza and Movie-Rotunda - Must RSVP
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Craft Time- Sugar Cone Bird Feeders
3:00 Coffee Chat and Current Events

10:15-11:15am 12
Daily Devotions
Stretch it Out!
Easy Does It Random Trivia
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:45 Manicures and Music
3:45 Coffee Chat
4:15/4:45 Kickball-1st /2nd Floor
6:00/7:00 Library Cart -1st /2nd Floor

10:15-11:15am 13
Daily Chronicles
Kickball
Eat, Wear or Drive?
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:30 Worship- Chapel
3:45 Worship-HH
4:15/4:45 Kickball-1st/2nd Floor
6:00/7:00 Movie and Popcorn
1st/2ndFloor

9:00-11:00am 14
Wake-Up!
Daily Devotions
Toss Game
Category Trivia
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00-3:00 Bingo-DR
3:00 Coffee Chat

9:00-11:00am 15
Wake-Up!
Exercise Time
Poppin Good Food
10:00 Morning Worship-HH
12:30-1:30 1:1Room Visits
Visits
Daily Puzzle
2:00 Country Drive
3:00 Coffee Chat

9:00am-11:00am 16
Wake-Up!
Daily Devotions
Bocce Ball
More Jeopardy Trivia
11:00-1:00 Men's Lunch and Movie-Rotunda
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Baking Fun- Rice Krispie Treats
3:00 Coffee Chat

9:00am-11:00am 17
Wake-Up!
Daily Chronicles
Ribbon Exercise
Travelouge- Discovering Latvia
12:30-1:30 1:1Room Visits
Daily Puzzle
1:30 Manicures and Music
3:00 Prayer Time- HH
7:00 Dementia Support Group- EC

9:00am-11:00am 18
Wake-Up!
Daily Devotions
Ball Toss
Martin Luther King Jr Trivia
10:30 The Harter's
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 "FROSTY" Bingo-Rotunda

10:15-11:15am 19
Daily Devotions
Stretch it Out!
January IQ
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:45 Manicures and Music
3:45 Coffee Chat
4:15/4:45 Kickball-1st /2nd Floor
6:00/7:00 Library Cart -1st /2nd Floor

10:15-11:15am 20
Daily Chronicles
Ball Toss
Can You Picture This?
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:30 Worship- Chapel
3:45 Worship-HH
4:15/4:45 Kickball-1st/2nd Floor
6:00/7:00 Movie and Popcorn
1st/2ndFloor

9:00-11:00am 21
Wake-Up!
Daily Devotions
Catch of the Day Game
From Selma to Montgomery
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00-3:00 Bingo-DR
3:00 Coffee Chat
Martin Luther King Day
Tu B'Shevat

9:00-11:00am 22
Wake-Up!
Exercise Time
Splish Splash
10:00 Morning Worship-HH
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Entertainer- ELVIS!!!- Rotunda
NO Country Drive

9:00am-11:00am 23
Wake-Up!
Daily Devotions
Bocce Ball
Random Trivia
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Baking Fun- Frozen Hot Chocolate
3:00 Coffee Chat

9:00am-11:00am 24
Wake-Up!
Daily Chronicles
Use Your Noodle Exercise
Best Time of the Year- College Bowl Games
12:30-1:30 1:1Room Visits
Daily Puzzle
1:30 Manicures and Music
3:00 Prayer Time-HH

9:00am-11:00am 25
Wake-Up!
Daily Devotions
Ball Toss
Hugs Matter
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Birthday Party!-DR
3:00 Coffee Chat and Current Events

10:15-11:15am 26
Daily Devotions
Stretch it Out!
ABC's of Winter
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:45 Manicures and Music
3:45 Coffee Chat
4:15/4:45 Kickball-1st /2nd Floor
6:00/7:00 Library Cart -1st /2nd Floor

10:15-11:15am 27
Daily Chronicles
Ball Toss
Accidental Art
12:30-1:00 1:1 Room Visits
Daily Puzzle
2:30 Worship- Chapel
3:45 Worship-HH
4:15/4:45 Kickball-1st/2nd Floor
6:00/7:00 Movie and Popcorn
1st/2ndFloor

9:00-11:00am 28
Wake-Up!
Daily Devotions
Crazy Pool
Modern Jeopardy Trivia
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00-3:00 Bingo-DR
3:00 Resident Council-2nd Floor
Australia Day (observed)

9:00-11:00am 29
Wake-Up!
Exercise Time
Remembering Bubble Songs
10:00 Morning Worship-HH
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Country Drive
3:00 Coffee Chat

9:00am-11:00am 30
Wake-Up!
Daily Devotions
Bocce Ball
What Am I?
12:30-1:30 1:1Room Visits
Daily Puzzle
2:00 Baking Fun- Winter Wonderland Popcorn
3:00 Coffee Chat

9:00am-11:00am 31
Wake-Up!
Daily Chronicles
Use Your Noodle Exercise
The Champagne Music Maker
12:30-1:30 1:1Room Visits
Visits
Daily Puzzle
1:30 Manicures and Music
3:00 Prayer Time- HH

Hawthorn Heights (HH) Cedar Ridge(CR) Dining Room (DR) Enrichment Center (EC)
~Mail delivery is Monday-Saturday 3:30-4:30PM~
~Activities and Times are Subject to Change
~Country Drives and Outdoor Activities are Weather Permitting~